

# General Information

## Congress Venue

Palacio De La Magdalena  
Santander/ Spain

[www.palaciomagdalena.com](http://www.palaciomagdalena.com)

Santander offers the visitor a wide choice of modern hotels, restaurants and leisure facilities, which add to the city's appropriateness as a conference venue. These are compounded by diverse cultural and sightseeing opportunities, breathtaking landscapes and a wide range of sporting activities, all available at less than one hour's drive from the city.

## Organizing Secretariat

Organniza

Tel: 942 363 827

Fax: 942 363 827

Sra. Noelia Espinosa

Avenida de Reina Victoria 6 bajo, 39004 Santander Spain

[info@organniza.es](mailto:info@organniza.es) - [www.organniza.es](http://www.organniza.es)

## Travel Agency

Viajes Marsans

Telef. 942 230001

FAX 942 236 037

[www.marsans.es/congresos](http://www.marsans.es/congresos)

## Official Languages

**English and Spanish** (Simultaneous translation English-Spanish-English)

## How to get there

[www.palaciomagdalena.com](http://www.palaciomagdalena.com)

## **FACULTY**

### **Meeting Chairmen**

**Dr. Luis Perez Carro (Spain)**

**Dr. Pau Golano (Spain)**

### **Guest Faculty**

**Jose Maria Altisench (Spain)**

**Thomas Byrd (USA)**

**Luis Cerezal (Spain)**

**Eva Estany (Spain)**

**Pablo Gastaldi (Spain)**

**Rafael Gonzalez Adrio (Spain)**

**Damian Griffin (UK)**

**Victor Ilizaliturri (Mexico)**

**Ara Kassarian (USA)**

**Rodrigo Mardones (Chile)**

**Eric Margalet (Spain)**

**Jose A. Martinez Agueros (Spain)**

**Oliver Marin (Spain)**

**Marc Philippon (USA)**

**Mickel Sanchez (Spain)**

**Marc Tey (Spain)**

**Richard Villar (UK)**

## Special Collaboration off:



Investigamos para crecer en salud  
[www.rovi.es](http://www.rovi.es)

# SANTA

## With the support of:



**SECCA**  
SOCIEDAD ESPAÑOLA  
DE CIRUGIA DE CADERA



## Colaboration:

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Respuestas que importan.

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**Palex**

**ArthroCare**  
SPORTSMEDICINE

**CONMED**  
LINVATEC SPAIN

# HILL

## Scientific program

### Thursday 5 February

- 8.00 Registration (Also available Wednesday)
- 8.45 Welcome : Dr. L. Perez Carro - Dr. P. Golano

#### Session 1: Physical and radiological examination.

Moderation: Dr. L. Perez Carro

- Patient Selection and physical examination: **Dr. O. Marin**
- Medical Imaging in the Hip: Indications and technique: **Dr. Ara Kassarjian**
- Discussion

#### Session 2: Hip arthroscopy: Indications, positioning, portals, basic techniques, and complications.

Moderation: Dr. L. Perez Carro

- History, set-up and principles of hip arthroscopy instrumentation: **Dr. E. Margalet**
- Hip arthroscopy: Indications and contraindications Supine approach: **Dr. JM Altisench**
- Hip arthroscopy by the lateral approach: **Dr. R. Gonzalez Adrio**
- Anatomy / relationship to the extra-articular and neurovascular structures: **Dr. P. Golano**
- Portals to the central and peripheral compartment: **Dr. D. Griffin**
- Hip arthroscopy: Complications: **Dr. M Tey**
- Discussion

#### Session 3: Arthroscopic anatomy of the hip.

Moderation: Dra. E. Estany

- Central compartment: Diagnostic round, normal anatomy and variations: **Dr. R. Gonzalez Adrio**
- Peripheral compartment: Diagnostic round, normal anatomy and variations : **Dr. L. Perez Carro**
- Lateral compartment: Diagnostic round, normal anatomy and variations : **Dr. V. Ilizaliturri**
- Discussion

Opening ceremony: 10.45-11.00

Coffee Break: 11.00-11.30

## **SESSION 4: Extra-articular groin pain and peritrochanteric space disorders in the hip.**

**Moderation: Dr. V. Ilizaliturri**

- Anatomy for peritrochanteric space disorders in the hip. : **Dr. P. Golano**
- Medical Imaging : **Dr. Ara Kassarjian**
- Piriformis syndrome : **Dr. T. Byrd**
- Arthroscopic psoas tenotomy : **Dr. T. Byrd**
- Arthroscopic surgical techniques for peritrochanteric space disorders in the hip (Adductor tendinopathy, trochanteric bursitis) : **Dr. V. Ilizaliturri**
- Discussion

## **Session 5: Acetabular labral injuries of the hip.**

**Moderation: Dr. T. Byrd**

- Anatomy of the labrum : **Dr. P. Golano**
- Diagnosis of labral injuries: Medical Imaging : **Dr. L. Cerezal**
- Acetabular labral tears: Resection or repair : **Dr. R. Mardones**
- Arthroscopic acetabular labral debridement. : **Dr. P. Gastaldi**
- Arthroscopic labral repair in the hip: Surgical technique : **Dr. D. Griffin**
- Arthroscopic augmentation of the acetabular labrum : **Dr. M. Philippon**
- Discussion

**Lunch: 14.00-15.15**

## **Session 6: Unique and Unexpected Lesions in the Hip.**

**Moderation: Dr. M. Sánchez**

- Synovial disorders and loose bodies in the hip joint. Arthroscopic diagnostics and treatment : **Dr. E. Estany**
- Arthroscopic extirpation of an osteoid osteoma of the acetabulum : **Dr. M. Sanchez**
- Arthroscopic treatment of a symptomatic hip plica : **Dr. V. Ilizaliturri**
- Adhesive capsulitis of the hip : **Dr. T. Byrd**
- Arthroscopic treatment of septic arthritis of the hip : **Dr. E. Margalet**
- The role of hip arthroscopy in the evaluation and treatment of avascular necrosis : **Dr. M. Philippon**
- Hip arthroscopy in children and adolescents : **Dr. V Ilizaliturri**
- Discussion

## Session 7: Videoflash session in hip arthroscopy

**Moderation: Dr. M. Sanchez**

- Revision cases and ten pearls in ten minutes : **Dr. T. Byrd**
- Revision cases and ten pearls in ten minutes : **Dr. V. Ilizaliturri**
- Revision cases and ten pearls in ten minutes : **Dr. R. Mardones**
- Discussion

## WORKSHOPS : Hip Arthroscopy . Resurfacing

### HIP ARTHROSCOPY

**Thursday 5 February: 17.00-19.00**

**Sponsors:** Conmed, Smith-Nephew, Storz , Stryker, Arthrocare.

**Faculty:** Dres: JM. Altisench, T. Byrd, E. Estany, P. Gastaldi, D. Griffin, V. Ilizaliturri, E. Margalet, L. Pérez Carro, M. Philippon, M. Sánchez, M.Tey, R. Villar.

#### Topics:

- Hip arthroscopy set up and instrumentation.
- Autologous grafts for labral reconstruction.
- Labral refixation and labral repair system.
- Microfracture.
- Detach labrum, trim the rim and repair the labrum.
- Management of femoroacetabular impingement.

### HIP RESURFACING

**Thursday 5 February: 17.00-19.00**

**Sponsors:** Biomet, De Puy, MBA, Smith-Nephew, Stryker, Paalex, Zimmer.

**Faculty:** Dres: I. Calvo, R. González Adrio, R. Mardones, O. Marín, M. Sumillera, S. Paul, S. Plaza.

#### Topics:

- Surgical technique and tricks.
- Instrumentation
- Navigation .

## Friday 6 February

8.45: Welcome : Dr. L. Perez Carro - Dr. P. Golano

### Session 8: Getting back to activity.

Moderation: Dr. L Perez Carro

- Arthroscopic procedures and postoperative rehabilitation : **Dr. R. Mardones**
- Outcome measurement and results of arthroscopic FAI : **Dr. D. Griffin**
- Discussion

### Session 9: Ligamentum teres

Moderation: Dr. D. Griffin

- Anatomy and function of the ligamentum teres : **Dr. P. Golano**
- Medical Imaging : **Dr. L. Cerezal**
- The ligamentum teres of the hip: Arthroscopic classification and treatment : **Dr. R Villar**
- Arthroscopic ligamentum teres repair and reconstruction : **Dr. M. Philippon**
- Ligamentum teres reconstruction: Neurovascular structures at risk : **Dr. L. Perez Carro**
- Discussion

### Session 10: Videoflash sesion in hip arthroscopy

Moderation: Dr. R. Mardones

- Revision cases and ten pearls in ten minutes : **Dr. M. Philippon**
- Revision cases and ten pearls in ten minutes : **Dr. R Villar**
- Arthroscopic classification and localization of acetabular labral tears : **Dr. R. Villar**
- Revision cases and ten pearls in ten minutes : **Dr. D. Griffin**
- Discussion

Coffee Break: 11.00-11.30

### Session 11 : The diagnosis and treatment of chondral injuries.

Moderation: Dr. R.Villar

- Medical Imaging : **Dr. L. Cerezal**
- Analysis of femoral and acetabular morphology : **Dr. P. Golano**
- Methods to describe intra-articular pathology in hip arthroscopy : **Dr. P. Gastaldi**
- Arthroscopy for hip trauma cases (dislocations and fracture-dislocations) : **Dr. D. Griphin**

- Articular cartilage lesions: Fibrin fixation and arthroscopic chondrocyte implantation : **Dr. R Villar**
- Microfracture, acetabular rim trimming and labral repair : **Dr. M Philippon**
- Arthroscopic findings and efficacy of arthroscopy in the treatment of hip osteoarthritis : **Dr. D. Griffin**
- Discussion

### Session 12: Instability

Moderation: **Dr. R Mardones**

- Anatomy and function of the hip capsular ligaments : **Dr. P. Golano**
- Diagnosis of traumatic and atraumatic hip instability : **Dr. L. Cerezal**
- Arthroscopic management of hip instability : **Dr. M. Philippon**
- Discussion

Lunch: 14.00-15.15

### Session 13: Prosthetic reconstruction.

Moderation: **Dr. L. Perez Carro**

- Partial femoral head resurfacing : **Dr. M Philippon**
- Resurfacing in the young active patient : **Dr. R. Gonzalez Adrio**
- How to avoid impingement after prosthetic reconstruction : **Dr. O. Marin**
- Miniopen and resurfacing : **Dr. R. Mardones**
- The role of arthroscopy after hip arthroplasty : **Dr. R Villar**
- Discussion

### Session 14: Femoro-acetabular impingement.

Moderation: **Dr. D. Griffin**

- Clinical presentation of femoroacetabular impingement : **Dr. E. Margalet**
- Epidemiology and patho-anatomy of FAI : **Dr. M. Tey**
- Imaging findings of femoroacetabular impingement : **Dr. Ara Kassarian**
- The risk of vascular injury to the femoral head : **Dr. P. Golano**
- Surgical hip dislocation: Technique : **Dr. JA Martinez Agueros**
- Technique and results of open and mini-open osteochondroplasty : **Dr. O. Marin**
- The arthroscopic management of femoroacetabular impingement : **Dr. R. Villar**
- Os acetabuli: Treatment options : **Dr. M. Philippon**
- Arthroscopic offset restoration in femoroacetabular cam impingement: Accuracy and risks. : **Dr. R. Mardones**
- When to choose peri-acetabular osteotomy : **Dr. O. Marin**
- Discussion

Remarks and closing ceremony

## REGISTRATION FORM

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

INSTITUTION (complete address) \_\_\_\_\_

DEPARTMENT \_\_\_\_\_

ADDRESS (home address) \_\_\_\_\_

POSTAL CODE \_\_\_\_\_ CITY \_\_\_\_\_

COUNTRY \_\_\_\_\_

PHONE \_\_\_\_\_ FAX \_\_\_\_\_

E-MAIL (capital letters) \_\_\_\_\_

### REGISTRATION FEES

Santander arthroscopy and sports hip meeting 5-6 February 2009

	<u>Before December 1st</u>	<u>After December 1<sup>st</sup></u>	<u>On site</u>
<u>Participants</u>	480 €	550 €	580 €
<u>Trainers</u>	350 €	400 €	450 €

The participants registration includes documentation, certificate of attendance, coffee breaks and lunches.  
16% VAT included.

## SEND TO:

Organniza  
Santander arthroscopy and sports hip meeting 2009  
Avenida de Reina Victoria 6 bajo, 39004 Santander Spain

## CANCELLATION POLICY

Send copy of the bank transfer (fax or e-mail) to Organniza  
Fax: 942 363 827 / [info@organniza.es](mailto:info@organniza.es)

Cancellation notice must be forwarded to Organniza via fax or e-mail.  
For refund purposes the following deadlines will be applied:

- Before January 15th, 2009: 50% Administration fees
- After January 15th, 2009: No Refund

## METHOD OF PAYMENT

### 1. BANK TRANSFER

Bank name: Sabadell Atlántico  
Bank address: C/ Isabel II 24, Santander Spain  
Account holder: Santander Hip Meeting  
Account number: 0081 7140 03 0001279329  
Please:

- Indicate your name and Santander Hip Meeting 2009 on all Bank Transfers.
- Send copy of the bank transfer (fax or e-mail) to Organniza

Fax: 942 363 827 / [info@organniza.es](mailto:info@organniza.es) with the registration form.

### 2. CHEQUE

A bank cheque made payable to the Santander Hip Meeting 2009  
Sent to the Organizing Secretariat:

#### **Organniza**

Santander arthroscopy and sports hip meeting 2009  
Avenida de Reina Victoria 6 bajo, 39004 Santander Spain

The personal details included in this document are of a confidential nature. In accordance with the Organic Law 15/1999, of December 13, the holder of this data will be able to exercise his or her right of access, rectification and cancellation on written application to **Organniza Santander Hip Meeting** Avenida de Reina Victoria 6 bajo, 39004 Santander Spain

## WELCOME ADDRESS

Dear Colleagues

Interest in arthroscopy of the hip joint has increased tremendously. The management of hip injuries in athletes has evolved significantly in the past few years with the advancement of arthroscopic techniques. The application of minimally invasive surgical techniques has facilitated relatively rapid returns to sporting activity in both recreational and elite athletes.

We are delighted to announce our first Hip Arthroscopy Meeting which will take place in the Palacio De La Magdalena, Santander Spain February 5-6 2009.

Description: Two day meeting with the following topics: • Physical and radiological examination. • Hip arthroscopy: indications, positioning, portals, basic techniques, and complications.

• Arthroscopic anatomy of the hip. • Acetabular labral injuries of the hip. • Instability. • Femoro-acetabular impingement. • Getting back to activity. • Revision hip arthroscopy. • Ligamentum teres. • Extra-articular groin pain and peritrochanteric space disorders in the hip. • The diagnosis and treatment of chondral injuries. • Prosthetic reconstruction. • Unique and unexpected lesions in the hip. • Videoflash session in hip arthroscopy: - Advice • Workshops: - Hip Arthroscopy - Resurfacing

We look forward to welcoming you to Santander in February

Luis Pérez Carro

Pau Golanó

# HIP MEETING